

(SPONSORED BY: CHANDRAMMA EDUCATIONAL SOCIETY)

Affliation to Kaloji Narayanarao University of Health Sciences, Warangal, Telangana.

Reconginsed by Dental Council of India, New Delhi

# PERSONALITY AND PROFESSIONAL DEVELOPMENT

Email: mrdcw.2013@gmail.com www.mrdcw.org



Date: 16-09-2022

## **Letter of Approval**

To
The Principal/ Dean
Malla Reddy Dental College for women
Suraram.

Sub: Requesting Permission to conduct lecture on -How to overcome stress

Respected Sir,

I, the coordinator of MRDCW would like to conduct lecture on **How to overcome stress**, for PG students on 19.09 2022. Kindly grant us permission for the same and support the event.

Thanking you.

Yours faithfully,

CO-ORDINATOR

Hyderabad 9



Date: 16-09-2022

Ref: MRDCW/Circulars/CES/2022/Sep-16

## **CIRCULAR**

The students of IV BDS & PG are here by informed that course titled-Lecture on -How to manage stress, will be conducted on 19 sept 2022. The concerned staff are hereby requested to give permission to the students attending the programme.

Resource person - Mr. H. G. Mahashringadasa, Director at ISKCON, Kukatpally

Venue – LECTURE HALL -03MRDCW

Date - 19 SEP 2022

Principal/ Dean

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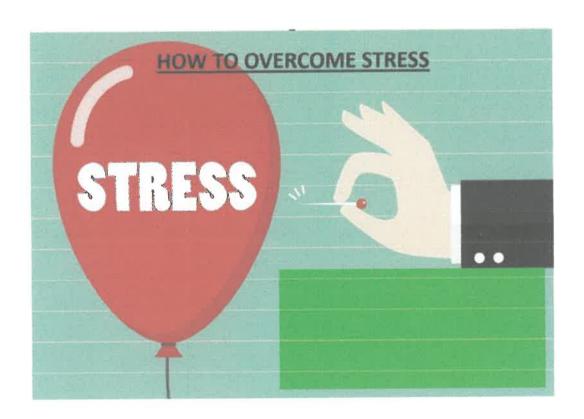
- 1. Circulation in student's classroom
- 2. All HoDs
- 3. Notice board
- 4. PA to to Dean for filing

Principal
Malia Reddy Dental College
For Women





## **Brochure**



## **COURSE AGENDA / TIME TABLE:**

| Day      | Event                            |
|----------|----------------------------------|
| 19-09-22 | Lecture- on How to manage stress |
|          |                                  |

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#### REPORT OF THE EVENT

23-09-2022

#### INTRODUCTION:

HOW TO OVERCOME STRESS

Stress is a natural human response that prompts us to address challenges and threats in our lives. Stress is how we react when we feel under pressure or threatened. It usually happens when we are in a situation that we don't feel we can manage or control. Everyone experiences stress to some degree.

#### **COURSE OBJECTIVES:**

### General objective:

Improving to cope with difficult events that happen in life.

## Specific objectives:

- Implementing a daily mindfulness practice, such asmeditation or deep breathing exercises, for at least 10 minutes
- Practicing positive self-talk and reframing negative thoughts by consciously replacing them with more constructive and optimistic ones.

Principal

Malla Reddy Dental College For Women

RESOURCE PERSON: Mr. H. G. Mahashringadasa, Director at ISKCON, Kukatpally

Hyderabad

**VENUE:** Lecture Hall- 03

**DATE:** 19 Sep 2022

**NUMBER OF PARTICIPANTS: 50 PG students** 



## Glimpse of the event











Date: 01-03-2023

## Letter of Approval

To
The Principal/ Dean
Malla Reddy Dental College for women
Suraram.

Sub: Requesting Permission to conduct orientation for PG-Towards NEET

Respected Sir,

The coordinator of MRDCW, would like to organize the **Orientation for PG-Towards NEET for Interns** on 3March2023. Kindly grant us permission for the same and support the event.

Thanking you.

Yours faithfully,

CO-ORDINATOR





Date: 01-03-23

Ref: MRDCW/Circulars/CES/2023/Mar-01

## **CIRCULAR**

The Interns are here by informed that course titled- 'Orientation for PG-Towards NEET'-will be conducted on 3 March 2023. The concerned staff are hereby requested to give permission to the students attending the programme.

Resource person – Dr. Sreekanth, Associate Professor Orthodontics, Army College of Dental Sciences

Venue – Lecture Hall-3

Date- 3 March 2023

Lamor

Principal/Dean

Principal
Malla Reddy Dental College
For Women

## Copy to:

- 1. Circulation in student's classroom
- 2. All HODs
- 3. Notice board
- 4. PA to to Dean for filing





## **Brochure**



## **COURSE AGENDA / TIME TABLE:**

| Day     | Event                            |  |
|---------|----------------------------------|--|
| 03-3-23 | Orientation for PG-Towards NEET' |  |

810





#### REPORT OF THE EVENT

05-03-23

#### **INTRODUCTION:**

Provide an overview of the NEET PG exam, including its format, syllabus, eligibility criteria, registration process, exam pattern, and important dates. Review the syllabus for the NEET PG exam, emphasizing key topics and subjects covered in each specialty. Explain the exam pattern, including the number of questions, marking scheme, duration of the exam, and distribution of marks.

### **OBJECTIVES:**

General objective: to equip them with the necessary knowledge, skills, and resources to excel in the exam and pursue their desired specialty in the medical field

### Specific objectives:

- Provide an overview of the NEET PG exam, including its format, syllabus, and eligibility criteria.
- Familiarize students with the exam pattern, marking scheme, and important dates related to the exam
- Introduce students to the study materials, resources, and textbooks recommended for NEET PG preparation.

RESOURCE PERSON: Dr. Sreekanth, Associate Professor Orthodontics, ACDS

Hyderabad

**VENUE:** lecture hall -3

DATE-3 March 2023

**NUMBER OF PARTICIPANTS: 75 students from interns** 



# Glimpse of the Event









Date: 07-02-2022

## **Letter of Approval**

To
The Principal/Dean
Malla Reddy Dental College for women

Sub: Requesting Permission to conduct NEET Orientation

Respected Sir,

Suraram.

The coordinator of MRDCW, would like to organize the 'NEET Orientation' for Interns on 10 FEB 2022. Kindly grant us permission for the same and support the event.

Thanking you.

Yours faithfully,

**CO-ORDINATOR** 

Hyderabad of Wallew & Usual



Date: 07-02-22

Ref: MRDCW/Circulars/CES/2022/Feb-7

## **CIRCULAR**

The Interns are here by informed that course titled-'NEET Orientation'-will be conducted on 10 Feb 2022. The concerned staff are hereby requested to give permission to the students attending the programme.

Resource person - Dr. Chandramohan, MDS, Director, ELITE PG Coaching academy

Venue - lecture hall -3

Date-10 Feb 2022

Principal/Dean

Principal
Malla Reddy Dental College
For Women

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### **Brochure**



### **COURSE AGENDA / TIME TABLE:**

| Day       | Time & Event     |  |
|-----------|------------------|--|
| 10-2-2022 | NEET orientation |  |

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#### REPORT OF THE EVENT

11-02-2022

#### INTRODUCTION:

"NEET" typically refers to the National Eligibility cum Entrance Test, which is an entrance examination in India for students who wish to study undergraduate medical courses (MBBS) and dental courses (BDS) in government or private medical colleges and dental colleges in India. Given the competitive nature of the exam and the importance of securing a good score, NEET orientation programs are often organized to help students prepare effectively.

#### **OBJECTIVES:**

General objective: NEET orientation programs are designed to provide comprehensive guidance and support to aspiring dental students, equipping them with the knowledge, skills, and confidence needed to excel in the exam.

### Specific objectives:

Detailed discussions would be conducted on the syllabus of NEET, covering subjects like Physics, Chemistry, and Biology (Botany and Zoology). Emphasis would be placed on understanding the weightage of each topic, the type of questions asked, and the marking scheme.

Practical advice would be given on how to approach the exam day, including strategies for managing time during the exam, dealing with stress, and maintaining focus

RESOURCE PERSON: Dr. Chandramohan, MDS, Director, ELITE PG Coaching academy

Hyderabad

**VENUE:** lecture hall 3

**DATE-10 Feb 2022** 

**NUMBER OF PARTICIPANTS:** 60 students from Interns

Malla Reddy Dental College For Women



## Glimpse of the Event









Date: 13-06-2020

## Letter of Approval

To
The Principal/ Dean
Malla Reddy Dental College for women
Suraram.

Sub: Requesting Permission to conduct Session on Stress management

Respected Sir,

The coordinator of MRDCW, would like to organize Session on **Stress management** for IV BDS on 15 June 2020. Kindly grant us permission for the same and support the event.

Thanking you.

Yours faithfully,

CO-ORDINATOR





Date: 13-06-2020

Ref: MRDCW/Circulars/CES/2020/June-13

### **CIRCULAR**

The IV BDS are here by informed that course titled-'Stress management'-will be conducted on 15 June 2020. The concerned staff are hereby requested to give permission to the students attending the programme.

Resource person – MS. Indira Devi, ISKCON team.

Venue - Online (Zoom Session)

Date- 15 June 2020

Principal/Dean

Principal
Malla Reddy Dental College
For Women

## Copy to:

- 1. Circulation in student's classroom
- 2. All HODs
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## **Brochure**



## **COURSE AGENDA / TIME TABLE:**

| Day       | Event                       |  |
|-----------|-----------------------------|--|
| 15-6-2020 | Stress Management programme |  |
|           |                             |  |







#### REPORT OF THE EVENT

18-06-2020

Malla Reddy Dental College

For Women

#### INTRODUCTION:

Managing stress is essential for maintaining overall well-being and productivity. Managing stress is a continuous process, and it's essential to find strategies that work best for you.

#### **COURSE OBJECTIVES:**

### General objective:

Recognize the sources of stress in your life. These could be work-related, personal, or environmental factors.

## Specific objectives:

- Prioritize self-care activities that bring you joy and relaxation. Whether it's taking a warm bath, reading a book, or spending time in nature, carving out time for self-care is crucial for managing stress.
- Incorporate relaxation techniques into your daily routine, such as deep breathing exercises, progressive muscle relaxation, meditation, or mindfulness practices.
- Learn to say no to additional commitments if you're feeling overwhelmed. Establish clear boundaries between work and personal life to prevent burnout.

**RESOURCE PERSON**: MS. Indira Devi, ISKCON team.

**VENUE:** Online (Zoom Session)

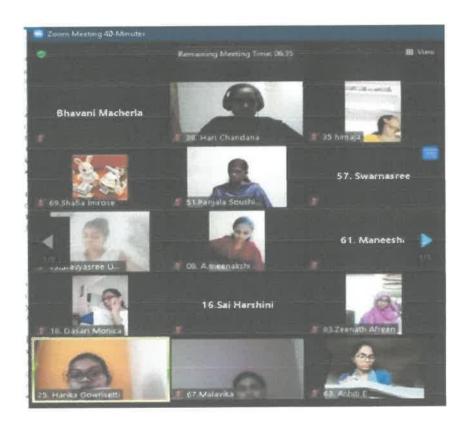
**DATE-15 June 2020** 

**NUMBER OF PARTICIPANTS:** 62 students from IV BDS

Hyderabad



## Glimpse of the Event









Date: 06-10-2020

## Letter of Approval

To
The Principal/Dean
Malla Reddy Dental College for women
Suraram.

Sub: Requesting Permission to conduct a session on Personality development

Respected Sir,

The coordinator of MRDCW, would like to organize a session on 'Personality development' for Interns on Oct2020. Kindly grant us permission for the same and support the event.

Thanking you.

Yours faithfully,

CO-ORDINATOR





Date: 06-10-2020

Ref: MRDCW/Circulars/CES//2020/Oct-10

## **CIRCULAR**

The Interns are here by informed that course titled-'Personality development'-will be conducted on 7 Oct 2020. The concerned staff are hereby requested to give permission to the students attending the programme.

Resource person – Bodhamaya Nanda, ISKCON team.

Venue - Online (Zoom Session)

Date- 7 OCTOBER 2020

Principal/Dean
Principal
Malla Reddy Dental College
For Women

## Copy to:

- 1. Circulation in student's classroom
- 2. All HODs
- 3. Notice board
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#### **Brochure**



### **COURSE AGENDA / TIME TABLE:**

| Event                   |  |
|-------------------------|--|
| Personality development |  |
|                         |  |

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#### REPORT OF THE EVENT

10-10-2020

#### INTRODUCTION:

Personality development refers to the continuous process of enhancing and refining one's attitudes, behaviors, beliefs, and qualities to achieve personal growth, self-improvement, and success in various aspects of life. It encompasses a range of traits, behaviors, and attitudes that contribute to an individual's character, social interactions, and overall success.

<u>General objective</u>: to enhance your self-awareness, interpersonal skills, resilience, and overall well-being, leading to personal fulfillment and success in various aspects of life.

### Specific objectives:

- To Cultivate a growth mindset and embrace lifelong learning. Seek out opportunities
  for learning and self-improvement, whether through formal education, workshops,
  books, or online courses.
- To develop emotional intelligence by understanding and managing your own emotions, as well as empathizing with the feelings and perspectives of others. Emotional intelligence encompasses skills such as self-regulation, empathy, social awareness, and relationship management.

Malla Reddy Dental College

RESOURCE PERSON: Bodhamaya Nanda, ISKCON team.

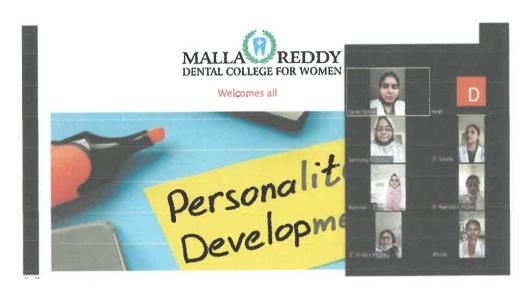
**VENUE:** Online (Zoom Session)

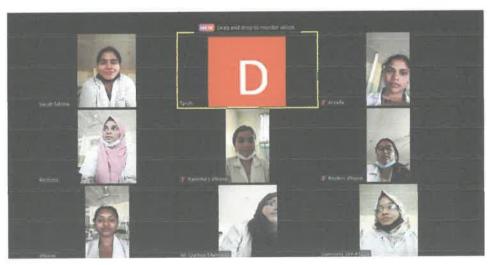
**DATE-7 OCT 2020** 

**NUMBER OF PARTICIPANTS: 60 students from Interns** 



## Glimpse of the Event











Date: 06-08-2019

## Letter of Approval

To
The Principal/Dean
Malla Reddy Dental College for women
Suraram.

Sub: Requesting Permission to conduct a session on Higher studies at U.S.A

Respected Sir,

The coordinator of MRDCW, would like to organize a session on 'Higher studies at U.S.A' for Interns on Aug 2019. Kindly grant us permission for the same and support the event.

Thanking you.

Yours faithfully,

CO-ORDINATOR





Date: 06-08-2019

Ref: MRDCW/Circulars/CES/2019/Aug-06

### **CIRCULAR**

The Interns are here by informed that course titled-'Higher studies at U.S.A'-will be conducted on Aug 2019. The concerned staff are hereby requested to give permission to the students attending the programme.

Resource person - Ms.Preetika Bansal, General Dentist, Consultant in Abroad dental academy

Venue - LECTURE HALL 03

Date- 7 Aug 2019

Principal/Dean

Principal
Malla Reddy Dental College
For Women

## Copy to:

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## **Brochure**



## **COURSE AGENDA / TIME TABLE:**

| Day        | Event                   |  |
|------------|-------------------------|--|
| 07-08-2019 | Higher studies at U.S.A |  |





#### REPORT OF THE EVENT

10-08-2019

#### INTRODUCTION:

Studying dentistry in the United States can be a rewarding experience, but it requires careful planning and preparation. Moving to a new country for higher studies can be a significant adjustment. Prepare yourself for cultural differences, academic expectations, and life in the USA.

General objective: to Consider factors such as accreditation, reputation, faculty expertise, facilities, and location.

### Specific objectives:

- To keep yourself updated on any changes or developments in the field of dentistry and continue your professional development through continuing education and training.
- To explore scholarship opportunities, financial aid, and funding options for international students.

**RESOURCE PERSON**: Ms.Preetika Bansal, General Dentist, Consultant in Abroad dental academy

**VENUE:** Lecture hall 03

**DATE-7 AUG 2019** 

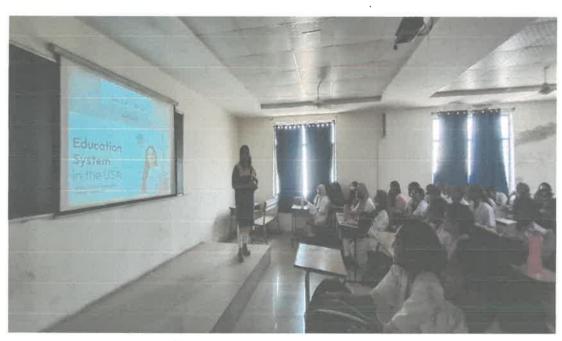
NUMBER OF PARTICIPANTS: 50 Students from Interns

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# Glimpse of the Event









Date: 02-10-2019

## Letter of Approval

To

The Principal/Dean

Malla Reddy Dental College for women

Suraram.

Sub: Requesting Permission to conduct a session on Photography in Dentistry

Respected Sir,

The coordinator of MRDCW, would like to organize a session on 'Photography in Dentistry' for Interns on Oct2019. Kindly grant us permission for the same and support the event.

Thanking you.

Yours faithfully,

CO-ORDINATIOR





Date: 02-10-2019

Ref: MRDCW/Circulars/CES/2019/Oct-02

## **CIRCULAR**

The Interns are here by informed that course titled-'Photography in Dentistry'-will be conducted on 3 Oct 2019. The concerned staff are hereby requested to give permission to the students attending the programme.

Resource person – Mr.Khatib, B.D.S,B.A in Digital Photography

Venue - LECTURE HALL 03

Date- 3 Oct 2019

Principal/Dean

Principal
Malla Reddy Dental College
For Women

## Copy to:

- 1. Circulation in student's classroom
- 2. All HODs
- 3. Notice board
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Hyderabad 9



## **Brochure**



## **COURSE AGENDA / TIME TABLE:**

| Day        | Event                    |  |
|------------|--------------------------|--|
| 03-10-2019 | Photography in Dentistry |  |







#### REPORT OF THE EVENT

06-10-2019

#### INTRODUCTION:

Photography plays a crucial role in dentistry, serving various purposes ranging from documentation to patient education and treatment planning. It is essential for accurate diagnosis, effective treatment planning, patient communication, and documentation. Advancements in digital photography and imaging technology have made it easier than ever for dentists

General objective: to capture high-quality images and integrate them into their practice workflow.

### Specific objectives:

- To document the condition of a patient's oral cavity before, during, and after treatment. This documentation is invaluable for legal and insurance purposes, as well as for tracking progress over time.
- To dentists with a detailed view of the patient's oral structures, enabling them to plan treatments more effectively.

**RESOURCE PERSON**: Mr.Khatib,B.D.S,B.A in Digital Photography

**VENUE:** Lecture hall 03

**DATE-3 OCT2019** 

**NUMBER OF PARTICIPANTS: 45 Students from Interns** 

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Hyderabad

Malla Reddy Dental College

For Women



# Glimpse of the Event









(sponsored by : chandramma Educational Society)

Affliation to Kaloji Narayanarao University of Health Sciences, Warangal, Telangana.

Reconglised by Denial Council of India, New Delhi

Date: 04-02-2020

## **Letter of Approval**

To

Suraram.

The Principal/ Dean

Malla Reddy Dental College for women

Sub: Requesting Permission to conduct Session on 'Training on Good Clinical Practice'

Respected Sir,

The coordinator of MRDCW, would like to organize Session On 'Training on Good Clinical Practice' for IV BDS on 5 Feb 2020. Kindly grant us permission for the same and support the event.

Thanking you.

Yours faithfully,

CO-OR MATOR





Date: 04-02-2020

Ref: MRDCW/Circulars/CES/2020/Feb 4

## **CIRCULAR**

The IV BDS are here by informed that course titled- 'Training on Good Clinical Practice'-will be conducted on 5 Feb 2020. The concerned staff are hereby requested to give permission to the students attending the programme.

Resource person – Dr.P. Prashanth, Professor and Head in cons and Endodontics, S.D.M, Dharwad.

Venue – Lecture Hall -3

Date-5 Feb 2020

Principal/Dean

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Principal
Malla Reddy Dental College
For Women

## Copy to:

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## **Brochure**



## **COURSE AGENDA / TIME TABLE:**

| Day        | Event                              |  |
|------------|------------------------------------|--|
| 05-02-2020 | Training On Good Clinical Practice |  |





#### REPORT OF THE EVENT

08-02-2020

#### INTRODUCTION:

Training on good dental clinical practices is essential for dentists and dental professionals to ensure the delivery of high-quality dental care and patient safety, training should include protocols for sterilization, disinfection, and aseptic techniques to prevent the spread of infections in the dental setting. This includes proper hand hygiene, use of personal protective equipment (PPE), instrument sterilization, and management of biohazardous waste.

General objective: By providing comprehensive training on these areas, dental professionals can uphold good dental clinical practices, deliver quality care, and maintain high standards of professionalism and patient safety in their practice.

### Specific objectives:

- To promote collaboration and communication with other healthcare professionals, specialists, and allied dental team members to ensure comprehensive patient care and optimal treatment outcomes. offering opportunities for career progression, specialization, and making a positive impact on oral health outcomes in the community.
- To emphasize ethical principles, professional conduct, and legal obligations governing dental practice. This includes maintaining patient confidentiality, respecting patient autonomy, avoiding conflicts of interest, and adhering to professional codes of conduct and regulatory requirements.

RESOURCE PERSON: Dr.P.Prashanth, Professor and Head in Cons and Endodontics ,S.D.M,Dharwad.

**VENUE:** Lecture Hall 3

**DATE-7** Feb 2020

NUMBER OF PARTICIPANTS: 62 students from 1

**BDS** 

Malla Reddy Dental College For Women



# Glimpse of the Event











Date: 27-02-2019

## Letter of Approval

To
The Principal/ Dean
Malla Reddy Dental College for women
Suraram.

Sub: Requesting Permission to conducta session on Opportunities in Dentistry

Respected Sir,

The coordinator of MRDCW, would like to organize a session on 'Opportunities in **Dentistry**' on for Interns on 2/3/2019. Kindly grant us permission for the same and support the event.

Thanking you.

Yours faithfully,

**CO-ORDINATOR** 

Judget:





Date: 27-02-2019

Ref: MRDCW/Circulars/CES/2019/Feb-27

## **CIRCULAR**

The Interns are here by informed that course titled-'Opportunities in Dentistry'-will be conducted on 2/3/2019. The concerned staff are hereby requested to give permission to the students attending the programme.

Resource person - Ms.Preetika Bansal, GeneralDentist, Consultant in Abroad dental academy.

Venue - LECTURE HALL 03

Date- 2/3/2019

Principal/Dean

Principal
Malla Reddy Dental College
For Women

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- 1. Circulation in student's classroom
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## **Brochure**



## **COURSE AGENDA / TIME TABLE:**

| Event                      |  |
|----------------------------|--|
| Opportunities in Dentistry |  |
|                            |  |







#### REPORT OF THE EVENT

04-03-2019

#### INTRODUCTION:

Dentistry offers diverse and rewarding career opportunities for individuals passionate about oral health care, education, research, and community service. Whether pursuing clinical practice, specialization, academia, public health, research, or entrepreneurial endeavors, dentists have the opportunity to make a positive impact on the oral health and well-being of individuals and communities.

<u>General objective</u>: to explore entrepreneurial opportunities by starting their own dental practices, dental clinics, or dental-related businesses. Entrepreneurial dentists may develop innovative dental products or services, invest in dental technology startups, or establish dental franchises or chains.

### Specific objectives:

- To expertise in clinical practice, research, or dental technology may work as consultants for dental practices, insurance companies, dental product manufacturers, or healthcare consulting firms.
- To choose to specialize in various fields such as orthodontics, periodontics, endodontics, prosthodontics, oral and maxillofacial surgery, pediatric dentistry, and oral pathology.

**RESOURCE PERSON**: Ms. Preetika Bansal, General Dentist, Consultant in Abroad dental academy.

**VENUE:** Lecture hall 03

DATE-2/3/2019

**NUMBER OF PARTICIPANTS: 45 students among Interns** 

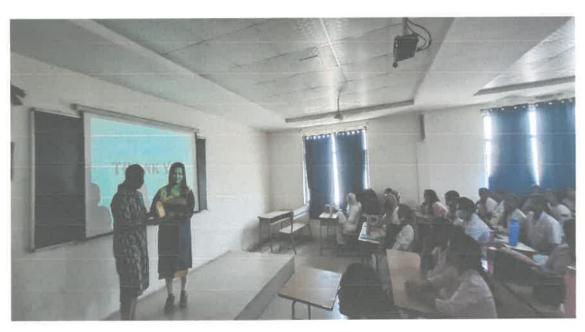






## Glimpse of the Event











Date: 27-03-2019

## Letter of Approval

To
The Principal/Dean
Malla Reddy Dental College for women
Suraram.

Sub: Requesting Permission to conduct a session on Patient management in Dentistry

Respected Sir,

The coordinator of MRDCW, would like to organize a session on **Patient management in Dentistry**' on for III BDS on 30<sup>th</sup> march 2019. Kindly grant us permission for the same and support the event.

Thanking you.

Yours faithfully.

CO-ORDINATOR





Date: 27-03-2019

Ref: MRDCW/Circulars/CES/2019/Mar-27

## **CIRCULAR**

The IV BDS are here by informed that course titled-'Patient management in Dentistry'-will be conducted on 30<sup>TH</sup> MARCH 2019. The concerned staff are hereby requested to give permission to the students attending the programme.

Resource person – Dr. P.Prashanth, Professor and Head in cons and Endodontics, S.D.M, Dharwad.

Venue - LECTURE HALL 03

Date- 30<sup>th</sup> MARCH 2019

Principal/Dean

Principal
Malla Reddy Dental College
For Women

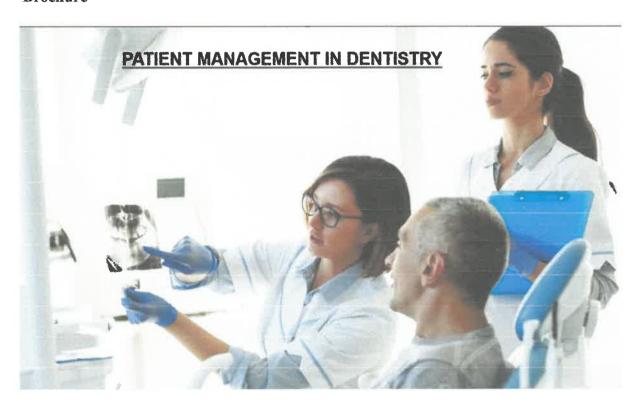
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## **Brochure**



## **COURSE AGENDA / TIME TABLE:**

| Day       | Event                           |
|-----------|---------------------------------|
| 30/3/2019 | Patient management in Dentistry |
|           |                                 |



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#### REPORT OF THE EVENT

01-04-2019

#### INTRODUCTION:

Session on Patient management in Dentistry

#### **COURSE OBJECTIVES**

### General objective:

The objectives of patient management in dentistry include ensuring patient comfort, safety, and satisfaction throughout their treatment. This involves comprehensive assessment, effective communication, and personalized care plans tailored to individual needs.

## Specific Objectives:

Additionally, it aims to maintain optimal oral health, prevent future dental issues, and educate patients on oral hygiene practices. Moreover, patient management focuses on fostering trust and confidence, promoting a positive dental experience, and facilitating long-term patient-provider relationships for ongoing care and support.

**RESOURCE PERSON**: Dr.P.Prashanth, Professor and Head in cons and Endodontics, S.D.M,Dharwad.

VENUE:Lecture hall 03

DATE-30/3/2019

**NUMBER OF PARTICIPANTS: 63 students among HIBDS** 

Hyderabad 9









